

## Hepar Sulphuris (Fiery-Hot) Calcareo (Watery-Cold) – The Remedy of Fire and Water

*It is with our passions as it is with fire and water – they are good servants but bad masters. Roger L'Estrange*<sup>1</sup>

Hepar Sulphuris Calcareo is found in the repertory in italics for Psora and Syphilis (it is known for 'righting' the 'wrongs' done by mercury in the old days), and in plain type under the Sycotic rubric. Ultra-Bold type for anger, contrariness, sensitivity to pain, and a desire to set things on fire (see Appendix A), Hepar Sulph might be likened to an eruptive volcano of the inflamed, suppurating type. One only has to imagine the hyper-sensitivity of a boil whereupon even the slightest touch is exquisitely painful (*as though a festering splinter lies under the skin*) and the overall state of this remedy is at once fairly clear (in fact, imagine that everything gets under the skin, and the sour-temperament of Hepar Sulph, then, is easy to get). Frans Vermeulen fairly assigns the following formula to Hepar Sulph:

**Calcium = vulnerable to external influences; Sulphur = inner fire.**

The remedy is made from equal parts of Calcareo and Flower of Sulphur, and so to complete the sum, what we have in Hepar Sulph is *an inner fire now quite vulnerable to external influences* (upholding Farrington's thought that the remedy *possesses many similarities to and marked differences from its components* (and it is true that the sum is greater than its parts!)). The remedy itself is quite sensitive to air, heat, and moisture and must be stored in a closed container. The patient is equally sensitive and vulnerable and must also be wrapped, even in warm weather. The remedy decomposes in weak acids (*desire for sour, desire for vinegar, worse for sour*) and moist air (*catches cold from least exposure, decomposes in moist air.*), and is insoluble in alcohol (*ailments from alcohol*).

The substance is prepared by placing the mix into a hermetically sealed container (air tight) and heating at white-hot heat for 10 minutes<sup>2</sup>. Scientifically, color in heat is the result of temperature, and white-hot is 2200 deg F (1205 deg C)<sup>3</sup>. Imagine the substance, under pressure in a sealed container with this kind of heat, even if only for 10 minutes. No great wonder, then, that it is well known for *internal heat flaring up!* Not surprisingly, the patient may also experience what is described as a "violent" thirst.

Imagine the combination of fire and water: this makes steam, and plenty of it! Hissing, sizzling, boiling water, evaporating into billowing clouds of steam (*better in warm, moist air – no other remedy has such strong amelioration in damp weather*). Nash describes its strongest characteristic as being hyper sensitivity to touch, pain, and chill from cold air (a leading keynote of this remedy), and this is evident in its many symptoms of sticking pains, symptoms aggravated by cold air, and propensity to faint from pain (*the patient is so sensitive to pain that she faints away, even when it is slight.*). Vithoukias shares with us rather odd symptom of Hepar: aggravation even by touching cold surfaces. He points out the keynotes of abusiveness and rudeness, but states that we can also find a submissive patient who is boiling on the inside (as the remedy is prepared under pressure, contained in a sealed box and unable to express itself!).

Nash states that *the slightest cause irritates with hasty speech and vehemence*. Farrington tells us in his lecture that the remedy's exquisite sensitivity to pain are such that he *need not multiply them,*

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<sup>1</sup> Prisma, p683.

<sup>2</sup> For a great explanation of making the remedy, read "The Mystery of Causticum" by John Morgan, founder of Helios Pharmacy. The document can be downloaded from their website at: <http://www.helios.co.uk/downloads.html>

<sup>3</sup> [http://georgewashington.blogspot.com/2006/11/white-hot-evidence-of-demolition\\_29.html](http://georgewashington.blogspot.com/2006/11/white-hot-evidence-of-demolition_29.html)

*because they are found in any part of the body in which inflammation occurs. The remedy is well-known for its work in suppurations (in high potency at the onset of inflammation to avoid suppuration and in low potency to promote suppuration) and as a 'nursery medicine' for croupy colds and coughs (respiration is so difficult that the child will throw his head far back to straighten the air-passages).*

The remedy is described by Vermeulen as *more active than sulphur in all types of suppuration or inflammations passing over to suppuration*, and by Farrington as *promoting and regulating suppuration in a remarkable manner second only to Silica*.

Tyler describes Hepar as *a first class irritant of temper – nerves and tissues, till the prover is distraught by a word – a touch – a breath of air – so hyper-sensitive is he to environment, both physical and mental*. He compares the actions of Silica to that of Hepar, stating that one may have trouble discerning them unless the 'inwardness' of the two remedies can be grasped (a note to discourage keynote prescribing, to be sure, and to encourage a deeper understanding of the essence of the remedies). He states that *the genius of the two remedies is dissimilar, because their mental states are as wide as the poles*, and goes on to describe their mental states thus:

*Silica, with its want of self confidence, its lack of grit, its timidity, its sufferings from anticipation—as when having to appear in public...*

*Hepar—sensitive beyond all bounds of reason. Irritable—impetuous. Sensitive to draughts, to air, ulcers so sensitive that they cannot bear the slightest touch, sensitive mentally—even to sudden murderous impulses.*

There are over one thousand rubrics of five or less remedies containing Hepar Sulph, and while too numerous to include here, these contain some interesting aspects of the remedy that can be viewed as strange, rare, and peculiar, such as delusions of his house, the neighbor's house, or the world being on fire, haughtiness to other human races, an aversion to certain places (a cold quality), a fear of wasps and bees, a morbid rage and desire to kill, stab, or throw things (and her children!) into the fire, aggravations from copper vessels, a sense of swaying vertigo as though riding in a carriage, a sense that everything would fall out of the head while coughing, great pains of the head with difficulty closing the eyes during headache, perspiration of the scalp which ameliorates, visual disturbances upon motion or blowing the nose, fungal growth and necrotic affections of the lower jaw<sup>4</sup>, weeping and sweating with a cough, aggravations from viewing an eclipse, a desire and aversion to green peppers, a desire and aversion to pungent things which then aggravate, an aversion to strong cheeses (particularly Roquefort), a desire for grapefruit, amelioration from spiciness, and so forth.<sup>5</sup> The food affections are primarily out of a desire to relieve the stomach of indigestion, yet causes aggravation after the stomach is full due to pressure on the epigastrium. *Any kind of food, no matter how wholesome, provokes indigestion.*

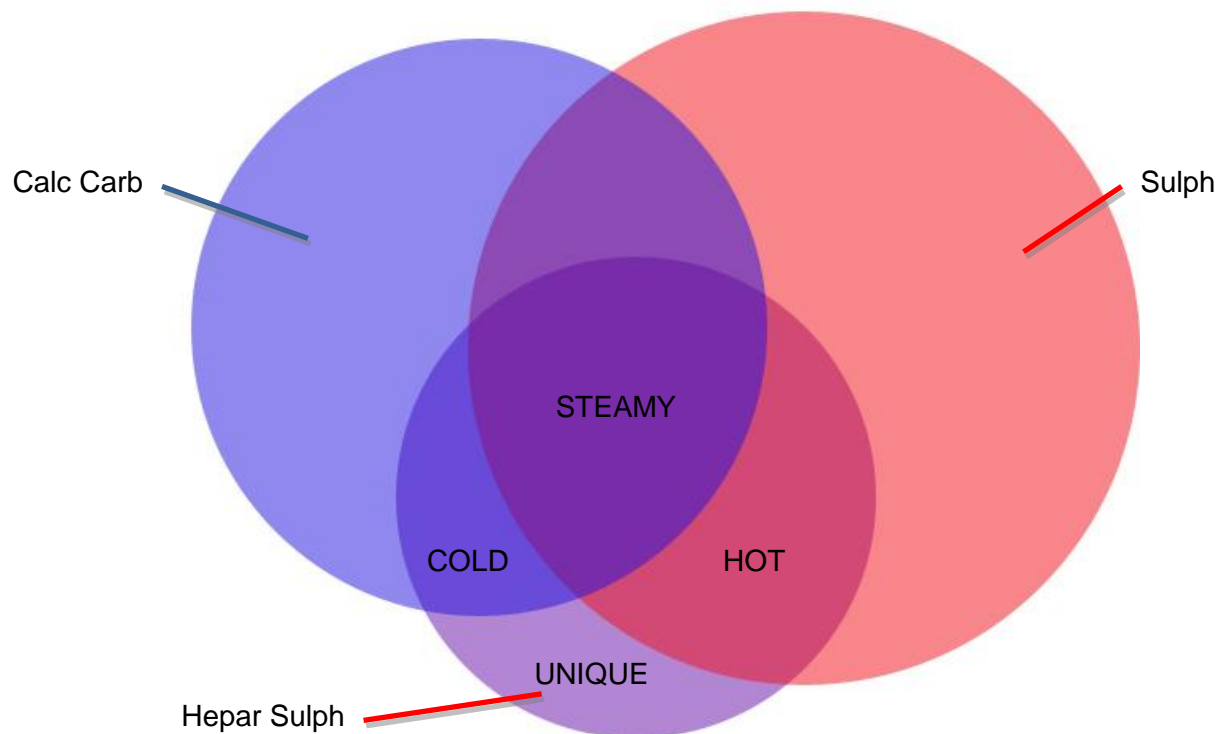
Figure 1 aptly illustrates that Hepar Sulph is greater than the sum of its parts. A study of remedy symptoms related to Calcarea Carbonica, Sulphuricum, and Hepar Sulph illustrates that Hepar gains a little something extra from the union of the two remedies when applied under great heat and pressure.

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<sup>4</sup> Interestingly, Hepar is actually used as a lubricant in phosphors and as an additive in fungicides and pesticides.

<sup>5</sup> It is always helpful for me to review limited rubrics (I like to look at the rubrics with five or less remedies in them), particularly with remedies having so many symptoms, as it helps me to flesh out the unique 'genius' of the remedy, enabling easier differentiation. I have included the Hepar MIND rubrics containing five or less remedies, of which there are 90, in Appendix A, along with the intriguing and unique food affections of the remedy.

It has to be emphasized that Tyler's lesson to understand the 'inwardness' of a remedy is essential to upholding the premise of "Similia Similibus Curantur."



**Figure 1: Venn Diagram, Hepar Sulph**

Out of Hepar's 6972 symptoms in Synthesis, 3641 are common to Calc Carb, and 4247 are common to Sulph, with a total of 3107 symptoms common to all three remedies. But there are 2190 symptoms in Hepar Sulph that are NOT reflected in either Calc or Sulph. These contain some very unique symptoms as shown in the sampling below:

MIND - DELUSIONS - fire - house, on  
MIND - FEAR - disease, of impending - walking in the open air agg.  
HEAD - PAIN - copper, abuse of  
EAR - NOISES in - explosion, like an - blowing the nose; on  
LARYNX AND TRACHEA - VOICE - lost - wind, after exposure to north-west  
COUGH - GREASE, sensation as if throat irritated by smoke of rancid  
CHEST - ULCERS - Mammae - scirrhus, stinging, burning, odor of old cheese  
CHEST - WATER, sensation of - In chest; sensation of water - hot water in chest; as if -  
drops of hot water  
PROSTATE GLAND - EMISSION of prostatic fluid - emotion, with every  
GENERALS - MUCOUS SECRETIONS - offensive, fetid - cheese; like rotten

Please see accompanying Hepar Sulph illustration.

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## Appendix A

### HEPAR SULPH RUBRICS: SINGLE SX, MIND AND GENERAL (Synthesis Treasure Edition)

MIND - ABSENTMINDED - vertigo; during  
 MIND - ABSORBED - vertigo; during  
 MIND - ANGER - sudden - causeless  
 MIND - ANGUISH - night - suicidal thoughts; with  
 MIND - APHASIA - swallowing possible; but  
 MIND - AVERSION - places; to certain  
 MIND - CARES, full of - alone, when  
 MIND - CARES, full of - walking in open air  
 MIND - DELUSIONS - dead - persons, sees - morning - waking; on - frightened by images of dead persons  
 MIND - DELUSIONS - fire - neighbor's house on fire  
 MIND - DELUSIONS - sick - family were sick; members of the  
 MIND - DELUSIONS - visions, has - morning - bed, in  
 MIND - DULLNESS - cough, during  
 MIND - FEAR - disease, of impending - walking in the open air agg.  
 MIND - FEAR - disfigured, of being  
 MIND - MALICIOUS - murder someone, as if she could  
 MIND - MENTAL EXERTION - wine for mental exertion; needs  
 MIND - SADNESS - stretching out on the sofa; on  
 MIND - SITTING - inclination to sit - still - corner; in a  
 MIND - SITTING - inclination to sit - wrapped in deep, sad thoughts and notices nothing; as if - vertigo; during

MIND - SPEECH - delirious - chill, during - aroused; on being  
 MIND - SPEECH - inarticulate - tumbling over each other; words roll out  
 MIND - STARTING - eating, after  
 MIND - STRETCHING - agg.  
 MIND - THREATENING - kill; to - wife and children  
 GENERALS - ABSCESSSES - Glands - sudden and rapid  
 GENERALS - ABSCESSSES - Thorax  
 GENERALS - COD-LIVER OIL agg.  
 GENERALS - COPPER - vessels of copper agg.  
 GENERALS - FOOD and DRINKS - cheese - aversion - Roquefort  
 GENERALS - FOOD and DRINKS - sweet peppers - aversion  
 GENERALS - INFLAMMATION - suppurative  
 GENERALS - LOOKING - eclipse agg.; at  
 GENERALS - MEDICINE - allopathic - abuse of - cod-liver oil  
 GENERALS - MEDICINE - allopathic - abuse of - syphilis; nonspecific gross medication against  
 GENERALS - PAIN - sore - accompanied by - coryza  
 GENERALS - PULSE - imperceptible - almost - stupor; during  
 GENERALS - WEAKNESS - sudden - daily  
 GENERALS - WEAKNESS - tremulous - smoking; after  
 GENERALS - WEAKNESS - walking - eating agg.; after  
 GENERALS - WIND - sensation of - blowing - Single parts; on

### HEPAR SULPH RUBRICS: Ultra BOLD (Rated 4) SX (Synthesis Treasure Edition)

MIND - ANGER  
 MIND - CONTRARY  
 MIND - FIRE - set things on fire; wants to  
 MIND - SENSITIVE - pain, to

MIND - WEEPING - cough - before  
 COUGH - BARKING  
 GENERALS - HISTORY; personal - croup; of recurrent

### HEPAR SULPH RUBRICS: AILMENTS-FROM, DELUSIONS, FEARS (Synthesis Treasure Edition)

MIND - AILMENTS FROM - alcoholism  
 MIND - AILMENTS FROM - anger - suppressed  
 MIND - AILMENTS FROM - discords - chief and subordinates; between  
 MIND - AILMENTS FROM - discords - friends; between one's  
 MIND - AILMENTS FROM - discords - parents; between one's  
 MIND - AILMENTS FROM - emotions  
 MIND - AILMENTS FROM - fright  
 MIND - AILMENTS FROM - mental shock; from  
 MIND - DELUSIONS  
 MIND - DELUSIONS - morning - bed, in  
 MIND - DELUSIONS - accidents - sees accidents  
 MIND - DELUSIONS - clouds - sees  
 MIND - DELUSIONS - dead - persons, sees  
 MIND - DELUSIONS - dead - persons, sees - morning - waking; on - frightened by images of dead persons  
 MIND - DELUSIONS - fancy, illusions of  
 MIND - DELUSIONS - figures - seeing figures - strange  
 MIND - DELUSIONS - fire - house, on  
 MIND - DELUSIONS - fire - neighbor's house on fire  
 MIND - DELUSIONS - fire - visions of  
 MIND - DELUSIONS - fire - world is on  
 MIND - DELUSIONS - images, phantoms; sees  
 MIND - DELUSIONS - images, phantoms; sees - frightful  
 MIND - DELUSIONS - murdered - will be murdered; he  
 MIND - DELUSIONS - murdering; he is - has to murder someone; he  
 MIND - DELUSIONS - poor; he is  
 MIND - DELUSIONS - sick - family were sick; members of the  
 MIND - DELUSIONS - specters, ghosts, spirits - seeing  
 MIND - DELUSIONS - unpleasant  
 MIND - DELUSIONS - visions, has  
 MIND - DELUSIONS - visions, has - morning - bed, in  
 MIND - DELUSIONS - visions, has - horrible  
 MIND - DELUSIONS - wrong - everything goes wrong

MIND - FEAR  
 MIND - FEAR - evening  
 MIND - FEAR - night  
 MIND - FEAR - air - open; in  
 MIND - FEAR - alone, of being  
 MIND - FEAR - alone, of being - night  
 MIND - FEAR - bad news; of hearing  
 MIND - FEAR - bees, of  
 MIND - FEAR - crowd, in a  
 MIND - FEAR - death, of  
 MIND - FEAR - dentist; of going to  
 MIND - FEAR - disease, of impending  
 MIND - FEAR - disease, of impending - walking in the open air agg.  
 MIND - FEAR - disfigured, of being  
 MIND - FEAR - evil; fear of  
 MIND - FEAR - fire  
 MIND - FEAR - fire - things will catch  
 MIND - FEAR - health - loved persons; about health of  
 MIND - FEAR - high places, of  
 MIND - FEAR - hurt, of being  
 MIND - FEAR - injury - being injured; of  
 MIND - FEAR - menses - before  
 MIND - FEAR - misfortune, of  
 MIND - FEAR - people; of  
 MIND - FEAR - recover, he will not  
 MIND - FEAR - sadness, with  
 MIND - FEAR - snakes, of  
 MIND - FEAR - suffering, of  
 MIND - FEAR - thunderstorm, of  
 MIND - FEAR - touched; of being  
 MIND - FEAR - waking, on  
 MIND - FEAR - waking, on - dream, from a  
 MIND - FEAR - wasps; of

### HEPAR SULPH RUBRICS: MIND (Containing 5 or less remedies) (Synthesis Treasure Edition)

MIND - ABSENTMINDED - vertigo; during  
 MIND - ABSORBED - vertigo; during  
 MIND - ABUSIVE - drunkenness; during  
 MIND - ANGER - sudden - causeless  
 MIND - ANGUISH - night - suicidal thoughts; with  
 MIND - ANXIETY - night - midnight - after - 1 h  
 MIND - ANXIETY - night - midnight - after - 1 h - 1-3 h  
 MIND - ANXIETY - touched; anxiety from being  
 MIND - APHASIA - swallowing possible; but  
 MIND - AVERSION - places; to certain  
 MIND - BED - in bed - amel.  
 MIND - CARES, full of - alone, when

MIND - CARES, full of - walking in open air  
 MIND - CHEERFUL - bed - in  
 MIND - CHEERFUL - never  
 MIND - COMA - chills; with  
 MIND - COMPLAINING - others, of  
 MIND - DECEITFUL - perjured  
 MIND - DELIRIUM - morning - waking, on  
 MIND - DELIRIUM - aroused, on being  
 MIND - DELUSIONS - morning - bed, in  
 MIND - DELUSIONS - clouds - sees  
 MIND - DELUSIONS - dead - persons, sees - morning - waking; on - frightened by images of dead persons

MIND - DELUSIONS - fire - house, on  
 MIND - DELUSIONS - fire - neighbor's house on fire  
 MIND - DELUSIONS - fire - world is on  
 MIND - DELUSIONS - sick - family were sick; members of the  
 MIND - DELUSIONS - visions, has - morning - bed, in  
 MIND - DISCERNMENT; lack of  
 MIND - DISCONTENTED - always  
 MIND - DISCONTENTED - others; with  
 MIND - DISCRIMINATION, lack of  
 MIND - DULLNESS - cough, during  
 MIND - FEAR - bees, of  
 MIND - FEAR - disease, of impending - walking in the open air agg.  
 MIND - FEAR - disfigured, of being  
 MIND - FEAR - health - loved persons; about health of  
 MIND - FEAR - wasps; of  
 MIND - FIRE - throwing things into  
 MIND - FUR; wraps up in summer in  
 MIND - GESTURES, makes - frightful  
 MIND - HAUGHTY - races; to other human  
 MIND - HURRY - drinking, on - fever; during  
 MIND - IMPULSE; morbid - stab; to - others; to stab  
 MIND - KILL; desire to - barber wants to kill his customer  
 MIND - KILL; desire to - contradicts her; the person that  
 MIND - KILL; desire to - drunkenness; during  
 MIND - KILL; desire to - offense; sudden impulse to kill for a slight  
 MIND - KILL; desire to - throw child; sudden impulse to - fire; into  
 MIND - LAZINESS - new ideas; with aversion for  
 MIND - LOATHING - general loathing - evening  
 MIND - LOQUACITY - listen, would not  
 MIND - MALICIOUS - murder someone, as if she could  
 MIND - MANIA - eruptions; after suppressed  
 MIND - MANUAL WORK, fine work; mental symptoms from  
 MIND - MENTAL EXERTION - wine for mental exertion; needs  
 MIND - MOROSE - coryza; during

MIND - MOROSE - pain, after  
 MIND - NEW IDEAS - aversion to  
 MIND - RAGE - kill people, tries to  
 MIND - RESERVED - morning  
 MIND - SADNESS - mercury, after abuse of  
 MIND - SADNESS - stretching out on the sofa; on  
 MIND - SENSITIVE - eating - during  
 MIND - SHRIEKING - help; for - jumping up from bed  
 MIND - SHRIEKING - help; for - sleep; in  
 MIND - SHRIEKING - pain, with the - Ear  
 MIND - SHRIEKING - sleep, during - jumping out of bed and shrieking for aid  
 MIND - SITTING - inclination to sit - still - corner; in a  
 MIND - SITTING - inclination to sit - wrapped in deep, sad thoughts and notices  
 nothing; as if - vertigo; during  
 MIND - SPEECH - delirious - chill, during  
 MIND - SPEECH - delirious - chill, during - aroused; on being  
 MIND - SPEECH - inarticulate - tumbling over each other; words roll out  
 MIND - STARTING - eating, after  
 MIND - STRETCHING - agg.  
 MIND - STRIKING - drunkenness, during  
 MIND - STUPOR - vomiting - during  
 MIND - SUICIDAL disposition - anguish; during  
 MIND - SUICIDAL disposition - fire, to set oneself on  
 MIND - TACITURN - sits, does not move  
 MIND - TESTAMENT, refuses to make a  
 MIND - THOUGHTS - vanishing of - work, at  
 MIND - THREATENING - kill; to  
 MIND - THREATENING - kill; to - wife and children  
 MIND - UNCONSCIOUSNESS - pain, from  
 MIND - UNCONSCIOUSNESS - walking, while - air; in open  
 MIND - VIOLENT - evening  
 MIND - VIOLENT - evening - trifles, at  
 MIND - VIOLENT - pain, from  
 MIND - WEEPING - bitter

## HEPAR SULPH RUBRICS: FOOD AFFECTIONS (Synthesis Treasure Edition)

GENERALS - FOOD and DRINKS - alcoholic drinks - agg.  
 GENERALS - FOOD and DRINKS - alcoholic drinks - desire  
 GENERALS - FOOD and DRINKS - brandy - agg.  
 GENERALS - FOOD and DRINKS - brandy - desire  
 GENERALS - FOOD and DRINKS - butter - agg.  
 GENERALS - FOOD and DRINKS - butter - aversion  
 GENERALS - FOOD and DRINKS - chalk - desire  
 GENERALS - FOOD and DRINKS - cheese - aversion  
 GENERALS - FOOD and DRINKS - cheese - aversion - Roquefort  
 GENERALS - FOOD and DRINKS - cheese - aversion - strong  
 GENERALS - FOOD and DRINKS - coffee - agg.  
 GENERALS - FOOD and DRINKS - cold drink, cold water - agg.  
 GENERALS - FOOD and DRINKS - cold drink, cold water - desire  
 GENERALS - FOOD and DRINKS - cold food - agg.  
 GENERALS - FOOD and DRINKS - earth - desire  
 GENERALS - FOOD and DRINKS - fat - agg.  
 GENERALS - FOOD and DRINKS - fat - aversion  
 GENERALS - FOOD and DRINKS - fat - desire  
 GENERALS - FOOD and DRINKS - food - aversion  
 GENERALS - FOOD and DRINKS - food - desire - worse; which makes him  
 GENERALS - FOOD and DRINKS - frozen - agg.  
 GENERALS - FOOD and DRINKS - fruit - desire  
 GENERALS - FOOD and DRINKS - fruit - desire - sour  
 GENERALS - FOOD and DRINKS - grapefruit - desire  
 GENERALS - FOOD and DRINKS - ice - agg.  
 GENERALS - FOOD and DRINKS - lemons - desire  
 GENERALS - FOOD and DRINKS - lime [= derived from limestone] - desire  
 GENERALS - FOOD and DRINKS - marinade - desire  
 GENERALS - FOOD and DRINKS - mayonnaise - desire  
 GENERALS - FOOD and DRINKS - meat - aversion

GENERALS - FOOD and DRINKS - mustard - desire  
 GENERALS - FOOD and DRINKS - pickles - desire  
 GENERALS - FOOD and DRINKS - pickles - desire - spicy Indian pickles  
 GENERALS - FOOD and DRINKS - potatoes - desire  
 GENERALS - FOOD and DRINKS - pungent things - agg.  
 GENERALS - FOOD and DRINKS - pungent things - aversion  
 GENERALS - FOOD and DRINKS - pungent things - desire  
 GENERALS - FOOD and DRINKS - refreshing things - desire  
 GENERALS - FOOD and DRINKS - sauerkraut - desire  
 GENERALS - FOOD and DRINKS - soup - desire  
 GENERALS - FOOD and DRINKS - sour drinks - desire  
 GENERALS - FOOD and DRINKS - sour food, acids - agg.  
 GENERALS - FOOD and DRINKS - sour food, acids - desire  
 GENERALS - FOOD and DRINKS - spices - amel.  
 GENERALS - FOOD and DRINKS - spices - desire  
 GENERALS - FOOD and DRINKS - spinach - aversion  
 GENERALS - FOOD and DRINKS - stimulants - desire  
 GENERALS - FOOD and DRINKS - strange things - desire  
 GENERALS - FOOD and DRINKS - sweet peppers - aversion  
 GENERALS - FOOD and DRINKS - sweet peppers - desire  
 GENERALS - FOOD and DRINKS - sweets - agg.  
 GENERALS - FOOD and DRINKS - sweets - desire  
 GENERALS - FOOD and DRINKS - tea - agg.  
 GENERALS - FOOD and DRINKS - tea - desire  
 GENERALS - FOOD and DRINKS - vinegar - agg.  
 GENERALS - FOOD and DRINKS - vinegar - desire  
 GENERALS - FOOD and DRINKS - warm drinks - amel.  
 GENERALS - FOOD and DRINKS - warm drinks - desire  
 GENERALS - FOOD and DRINKS - whiskey - desire  
 GENERALS - FOOD and DRINKS - wine - desire

## HEPAR SULPH RUBRICS: MIASMS (Synthesis Treasure Edition)

GENERALS - PSORA  
 GENERALS - SYCOSIS  
 GENERALS - SYPHILIS  
 GENERALS - SYPHILIS - accompanied by - pain - night

GENERALS - SYPHILIS - accompanied by - Glands; complaints of  
 GENERALS - SYPHILIS - accompanied by - Hair falling out  
 GENERALS - SYPHILIS - mercury; from abuse of