

## Thuja Occidentalis – A Polar View



Given its close alliance to the sycotic miasm and the reputation Hahnemann described as “*specifically useful in that insidious disease arising from impure coitus, the fig-warts...and most certainly cures that “bad kind” of gonorrhoea resulting from impure coitus*”, the *hush-hush* or *shush don’t tell* make-up of Thuja is clearly manifested in the suppressive side of this remedy’s main theme. In keeping with the laws of science, for every action there must be an equal and opposite reaction, and in Thuja’s case, this is suppression versus over-production. This central polarity of *suppression (Shush, don’t tell)* versus *over-production (Sycotic Miasm)* is perhaps made clearer (and thus is easier to bring into view) after first fleshing out a good definition of the root words:

**Suppress:** repress, contain, hide, withhold, keep secret, stifle, restrain, curb, control, hold back, limit, inhibit, stall, hinder, hamper, slow down, obstruct, block, impede, thwart, prevent.

**Over-produce:** plethora, expose, to create in excess, a surplus or overabundance, glut, extra, additional, too much, superfluity, flood, overflow, inundate, engulf, swamp, overwhelm, overpower, over-indulge, overkill, over power.

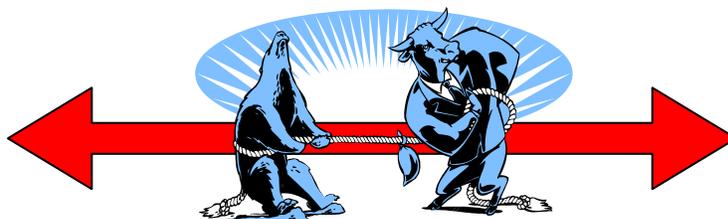
The polarity creates a special kind of tension in that the more necessary it is to keep things hidden, the more of a struggle is created to permit things to be in the open, thus the mind-body finds itself in a veritable tug-o’-war, with a great deal of energy expended to create visible symptoms in visible places. This polarity might alternately be viewed thus:

<b>SUPPRESSION</b>	<b>OVER-PRODUCTION</b>
IN CONTROL	OUT OF CONTROL
TOO LITTLE	TOO MUCH
SECRET	PUBLICIZED
HOLD ON	LET GO
FAMINE	FEAST
PREVENT	PERMIT
BLOCK	UNBLOCK
HIDE	UNCOVER
LACK	PLENTY
SHUT OFF	TURNED ON
DRAUGHT	FLOOD

Upon taking Thuja keynotes and symptoms in hand, anything that is blocking or preventing in nature would be considered suppression (inability to urinate), and anything that appears

unblocking, or out of control (as in the outgrowth of condylomata) would be considered an over-production. As an example, the Thuja belief that the soul is not connected to the body is also illustrated by other symptoms (Mind dazed, confused, preoccupied, while body excessively expressing symptoms, face hot and body cold, etc). Quite interesting and unique to this remedy is the symptom of being unable to perspire on covered parts and that perspiration only takes place on uncovered parts, and likewise the inability to urinate coupled with profuse, watery diarrhea (the front is controlled, but *not* behind the scenes!).

Approached in this way, the central polarity of Thuja might appear like this in keynotes:



### SUPPRESSION

Insidious Onset (subtle, restrained)  
Headache Worse in Warm Room (stifled)  
Paralysis of Bladder, must wait a long time  
for urine to start (withholding)  
Fixed Ideas (turned off)  
Chilly body, even in bed (cooled down)  
Poor Appetite (stalled)  
Apathetic, Desire to be left alone  
(withdrawn)  
Speech hesitant  
Inattention, dazed  
Cessation of perspiration while awake  
No sweats on covered parts  
Stiffness and Heaviness of body  
Dry, scurfy scalp  
Vision dim/lids stuck shut in the morning  
Eye pain relieved by covering (hidden)  
Feeling of numbness in ears (stifled)

### OVER-PRODUCING

Symptoms excessive (plethora)  
Headache Better in Cold Air (let out)  
Gushing, watery morning diarrhea, "like  
water coming out of a bung hole." (letting go)  
Great sensitivity to people/music (turned on)  
Hot face (heated up)  
Craving for salt (excess)  
Acts, talks hurriedly; unduly touchy  
(oversensitive)  
Speech hurried  
Mind preoccupied with persistent thought  
Excessive perspiration during sleep  
Profuse sweats on uncovered parts only  
Body feels 'light' when walking  
Scalp ulcerations w/fetid discharge  
Severe conjunctiva with lachrymation  
Warts on lids or styes (exposed)  
Offensive Otorrhea w/aural polyps (let out)

## Bibliography

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